7-Day Turkish Riviera Itinerary: Antalya, Kas & Ölüdeniz

A 7-day loop down Turkey's Turquoise Coast — Antalya's Roman ruins and old town, a full day cruising Kekova's sunken city out of Kas, and a tandem paraglide over Ölüdeniz's Blue Lagoon — with real prices and what to book before you go.

DURATION	BEST TIME TO GO	FROM
7 Days	**April – June & September – October** warm sea, steady paragliding winds, thinner crowds	**$950 USD / person** for 2 people

Turkey's Turquoise Coast strings together 2,000-year-old ruins, a working fishing harbor, and one of the world's best-known paragliding launches along one stretch of Mediterranean coastline. This loop spends three nights in Antalya's old town for Roman theatres and waterfalls, two in Kas for a full day on the water around Kekova's sunken city, and two in Ölüdeniz for a tandem flight off Babadag and a last morning on the Blue Lagoon.

Day 1 Arrive in Antalya, Settle Into Kaleiçi

Land at Antalya Airport (AYT) and head straight for the old town — Kaleiçi's cobblestone lanes, restored Ottoman houses, and small harbor make for an easy, walkable first evening after a long flight.

Private Transfer — Antalya Airport (AYT) to Kaleiçi

~20 min · From $32 USD per vehicle, up to 6 passengers

A meet-and-greet driver with a name sign at arrivals — no haggling with the taxi rank after a long flight. TÜRSAB-licensed, with free cancellation up to 24 hours out.

SooTransfer · +90 551 464 26 32 · sootransfer.com

Check-In — Kaleiçi Hotel

From $70–$110 USD / night, for 2 people

A small 3-star boutique bed-and-breakfast inside a restored Kaleiçi house, a short walk from the harbor and Hadrian's Gate — central without the resort price tag.

Kaleiçi Hotel · Sakarya Sok. No:11, Kilinçarslan Mahallesi, Antalya 07100

Dinner in Kaleiçi

Est. $20–$35 USD / person

On your own — the old town's restored lanes around the harbor and the Clock Tower are packed with terrace restaurants leaning Turkish and Mediterranean seafood.

Day 2 Antalya Old Town & Düden Waterfalls

A full day split between Kaleiçi's history and one of Antalya's best-known natural sights just outside the city center.

Kaleiçi Walking — Hadrian's Gate & the Harbor

Self-guided · Free

Wander the old town on foot: Hadrian's Gate, the fluted minaret of Yivli Minare, the harbor promenade, and the maze of restored streets between them — the whole district is walkable in a couple of hours.

Düden Waterfalls (Lower Düden / Karpuzkaldiran)

~1.5 hours · Free park entry · taxi ~$15–20 USD round-trip

Day 4 On to Kas

Trade the city for a small harbor town on the western Lycian coast — the drive along the coast road is a preview of the turquoise water you'll be sailing on tomorrow.

Private Transfer — Antalya to Kas

~3 hours · From $88 USD per vehicle

A private car along the coastal highway, with flight tracking if you're coming straight from the airport and 24/7 support. Ask for a stop at a coastal viewpoint along the way.

Antalya Transfer Club · +90 242 255 0502 · antalyatransferclub.com

Check-In — Hideaway Hotel

From $180–$260 USD / night, for 2 people

A small, highly-rated 3-star hotel above the harbor with sea-view balconies, a rooftop terrace, and a small pool — an easy walk down to Kas's restaurants and dive shops.

Hideaway Hotel · Andifli, Anfi Tiyatro Sk. No:7, Kas

Dinner in Kas Harbor

Est. $25–$40 USD / person

On your own — the harbor promenade is lined with terrace restaurants serving fresh-caught fish and meze.

Day 5 Kekova Blue Voyage Boat Day

A full day on the water — the classic Kas Blue Voyage out to Kekova Island, where an earthquake in the 2nd century sank part of an ancient Lycian city just beneath the surface.

Kekova Sunken City & Blue Voyage Boat Trip

8.5 hours (9:45am–6pm) · From $100 USD / person

A gulet sails from Kas harbor past Kaleköy and the sunken ruins of Kekova, with stops to swim and snorkel in turquoise coves. Lunch, afternoon tea, and snorkeling gear are included.

Kas Yacht · +90 533 368 12 54 · kasyacht.com

Dinner in Kas Harbor

Est. $25–$40 USD / person

On your own after a full day at sea.

Overnight — Hideaway Hotel

From $180–$260 USD / night, for 2 people

Second night at the same hotel.

Hideaway Hotel · Andifli, Anfi Tiyatro Sk. No:7, Kas

Day 6 Saklikent Gorge, Transfer to Ölüdeniz & Paragliding

A travel day that earns its stops — a walk into one of Turkey's deepest canyons on the way to Ölüdeniz, then a tandem paraglide off Babadag over the Blue Lagoon in the afternoon.

Private Transfer — Kas to Ölüdeniz (via Saklikent)

~1h50 direct · From $145 USD per vehicle, up to 4 passengers

A private car along the Lycian coast road; ask the driver to route through Saklikent Gorge, about 40 minutes off the direct road, for a stop before continuing to Ölüdeniz.

Tuis Travel · +90 532 342 0045 · tuistravel.com

Saklikent Gorge Walk

~1–1.5 hours · 250 TL (~$8 USD) / adult entry

A wooden boardwalk leads into a mile-deep limestone gorge cut by snowmelt from the Taurus Mountains — wade the cold river shallows as far as you like before turning back.

Tandem Paragliding Off Babadag

~25–30 min flight · $160 USD / person, photo & video included

A jeep ride up Babadag (1,969m) for a tandem flight down to Ölüdeniz beach with a certified pilot — one of the world's best-known paragliding launches, with the Blue Lagoon laid out below for the whole descent.

Airborne Paragliding · +90 534 414 65 06 · paragliding-fethiye.com

Check-In — Sundia By Liberty Ölüdeniz

From $150–$220 USD / night, for 2 people

An adults-only 4-star resort about 500m from Ölüdeniz Beach with heated pools and a health club — a comfortable landing after the flight.

Sundia By Liberty Ölüdeniz · Belcegiz Mahallesi 226. Sokak No:10, Ölüdeniz-Fethiye

Day 7 Ölüdeniz Beach Morning & Departure

One last morning on the Blue Lagoon's pebble beach before the transfer out to Dalaman for the flight home.

Ölüdeniz Beach & Blue Lagoon

Self-guided · Free public beach (loungers ~$8–12 USD)

One of Turkey's most-photographed beaches — calm, shallow water backed by pine-covered mountains. A last swim before the drive to the airport.