

# Bake and Shark by Day, Scarlet Ibis at Dusk — A 6-Day Trinidad & Tobago Itinerary

6 Days · I-Journey Travel Guide

Trinidad and Tobago packs two very different Caribbean islands into one trip: Trinidad's Carnival capital, rainforest-fringed bird sanctuary and legendary bake-and-shark beach, and Tobago's quieter reefs and waterfalls a short flight away. This 6-day itinerary spends three nights in Port of Spain before island-hopping to Tobago, using real hotels, tour operators and restaurants along the way.

## DURATION

**6 Days**

## BEST TIME TO GO

**November–May**

the dry season, with sunny days and average temperatures around 28°C; June–October is wetter and more humid, with most rain falling overnight. Trinidad and Tobago sit just outside the main hurricane belt, so major storms are rare.

## FROM

**\$760 USD / person**

for 2 people sharing hotels, the inter-island flight, airport and reef tours, and the meals listed; excludes international flights to Trinidad (POS)

## Day 1

### Port of Spain Arrival & Queen's Park Savannah

*Land in Trinidad and spend the afternoon around the Queen's Park Savannah, the green heart of the capital ringed by colonial-era mansions.*

#### Airport Transfer: Piarco International Airport (POS)

*~35 minutes to Port of Spain · private transfer from \$30 USD*

A pre-booked transfer along the Churchill-Roosevelt Highway into downtown Port of Spain.

#### Queen's Park Savannah & the Magnificent Seven

*~2 hours · free to walk*

A 260-acre park ringing Port of Spain's center, bordered by the Magnificent Seven — seven ornate colonial mansions built in the early 1900s.

#### Check-In: Hyatt Regency Trinidad

*From \$180 USD / night, for 2 people*

A waterfront high-rise on Port of Spain's Wrightson Road, with harbor views and easy walking distance to the city's financial district.

### **Dinner: Chaud Café & Wine Bar**

*~1.5 hours · dinner ~\$30–\$40 USD / person*

A Woodbrook restaurant from chef Khalid Mohammed pairing Trinidadian ingredients with

## Maracas Beach

~3 hours · free

A mile-long crescent of golden sand backed by coconut palms and green hills, Trinidad's most popular beach on weekends and holidays.

## Lunch: Richard's Bake & Shark

~1 hour · lunch ~\$6–\$8 USD / person

The best-known of Maracas Bay's roadside shark shacks, frying bake (fried bread) and shark to order with a toppings bar of tamarind, pepper and garlic sauces.

### Day 4

## Fly to Tobago & Pigeon Point

*A short inter-island hop to Tobago's quieter beaches, ending the afternoon at the postcard-famous Pigeon Point.*

## Flight: Trinidad (POS) to Tobago (TAB)

~25 minutes · Caribbean Airlines, from \$40 USD one-way

A quick hop over the Caribbean Sea between Piarco and Tobago's A.N.R. Robinson International Airport, with several flights a day.

## Check-In: Magdalena Grand Beach & Golf Resort

From \$221 USD / night, for 2 people

A beachfront resort on Tobago's Lowlands peninsula, with its own stretch of sand and views out over Tyrrel's Bay.

## Pigeon Point Heritage Park

~2 hours · entry ~\$5 USD

Tobago's most-photographed beach, marked by a thatched-roof jetty over turquoise shallows and a wide stretch of white sand.

### Day 5

## Buccoo Reef & Store Bay

*A glass-bottom boat over Buccoo Reef and a swim in the Nylon Pool, followed by an afternoon of curried crab and dumpling at Store Bay's beach food huts.*

### **Buccoo Reef & Nylon Pool Glass-Bottom Boat Tour**

*~2 hours · from \$25 USD / person*

A glass-bottom boat over the coral gardens of Buccoo Reef, followed by a stop to swim in the Nylon Pool, a shallow sandbar in the middle of the open sea.

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### **Lunch: Miss Trim's, Store Bay**

*~1 hour · lunch ~\$10–\$15 USD / person*

One of Store Bay's beachfront food huts, best known for curried crab and dumpling — Tobago's signature dish, eaten with your hands.