

Brimstone Hill by Day, a Sail to Nevis at Sunset — A 5-Day St. Kitts & Nevis Itinerary

A 5-day St. Kitts & Nevis itinerary: Brimstone Hill Fortress, a rainforest zipline, a ferry crossing to Nevis' plantation inns and beach bars, and a ride on the island's old sugar-cane railway.

DURATION

5 Days

BEST TIME TO GO

December – April

dry season, with lower humidity and rainfall and prime Caribbean sailing weather

FROM

\$1,540 USD / person

for 2 people — lodging, ferries & tours below; flights not included

DAY 1

Touchdown in Basseterre & Frigate Bay

Land at Robert L. Bradshaw International and settle into Frigate Bay's beach strip, the easiest first stop on St. Kitts.

Transfer — Airport to Frigate Bay

~15 min drive • private taxi from \$20 per couple

St. Kitts' main airport sits just north of Basseterre, and Frigate Bay's beach strip is a short, flat drive away — taxis queue outside arrivals, and fares are set by a government rate card, so there's no need to negotiate.

Check-In — St. Kitts Marriott Resort & The Royal Beach Casino

Check-in 3pm • rooms from around \$280/night

This Frigate Bay resort sits on the narrow isthmus connecting St. Kitts' two halves, with a casino, several pools and an 18-hole Royal St. Kitts golf course next door — an easy, resort-style base for the rest of the trip.

St. Kitts Marriott Resort & The Royal Beach Casino | [marriott.com](https://www.marriott.com)

Afternoon — South Frigate Bay Beach

Half-day • free public access

Known locally as “the Strip,” this stretch of beach is lined with casual bars and restaurants right on the sand — an easy, low-key way to shake off travel before diving into the island's sights tomorrow.

Dinner — Mariners Bar & Restaurant

Dinner • \$30–50 per person

A long-running waterfront spot on the Frigate Bay side, known for fresh seafood and a laid-back deck looking out over the marina — a reliable first-night dinner close to the resort strip.

DAY 2

Brimstone Hill Fortress & a Rainforest Zipline

Spend the morning inside St. Kitts' UNESCO World Heritage fortress, then trade history for adrenaline on a zipline strung through the island's rainforest interior.

Brimstone Hill Fortress National Park

~1.5–2 hrs · admission around \$10 per adult

Built by the British starting in the 1690s and nicknamed the “Gibraltar of the West Indies,” this hilltop fortress has sweeping views over four neighboring islands on a clear day. The on-site museum covers the fort’s role in the colonial battles that changed hands between Britain and France.

Brimstone Hill Fortress National Park | brimstonehillfortress.org

Romney Manor & Caribelle Batik

~45 min · grounds free, batik workshop viewing included

A short detour down the road from Brimstone Hill, these old plantation grounds hold a centuries-old saman tree and a working batik studio where artisans still hand-dye fabric using traditional wax-resist methods — a good spot to pick up a souvenir sarong or shirt.

Sky Safari Rainforest Zipline

~2.5 hrs, 5 lines · adult tickets from around \$99

A series of ziplines strung above the rainforest canopy on St. Kitts’ volcanic slopes, including a few suspension-bridge crossings between platforms. Guides clip you in at every stage, so it works for most fitness and experience levels.

Sky Safari (Kantours) | kantours.com

Dinner — Spice Mill Restaurant, Turtle Beach

Dinner · \$40–60 per person

Ferry — Basseterre to Charlestown

~45 min crossing · round trip around \$20 per person

Public ferries cross The Narrows between St. Kitts and Nevis several times a day — book your morning outbound and a later return, and double-check the current printed schedule locally, since departure times shift with demand.

Museum of Nevis History / Alexander Hamilton's Birthplace

~45 min · admission around \$5 per adult

Alexander Hamilton was born in Charlestown in 1757, and this small museum on the waterfront, built on the site of his birthplace, covers both his early life and Nevis' own plantation-era history.

Check-In — The Hermitage Plantation Inn

Check-in 3pm · rooms from around \$250/night

One of the Caribbean's oldest surviving wooden great houses, now a small inn scattered with gingerbread-trimmed cottages across its original plantation grounds in Gingerland — a quieter, more historic overnight than anything on the St. Kitts side.

The Hermitage Plantation Inn | visitstkitts.com

Dinner — Sunshine's Beach Bar & Grill, Pinney's Beach

Dinner · \$25–45 per person, famous "Killer Bee" rum punch

A barefoot beach shack that's become one of the most written-about bars in the Caribbean, largely thanks to its potent Killer Bee cocktail — grab a table in the sand and watch the sun drop behind St. Kitts across the water.

DAY 4

Nevis Peak Views, Botanical Gardens & Back Across

Spend the morning in Nevis' green interior before crossing back to St. Kitts for a final night near the airport.

Nevis Peak Foothills Hike or Horseback Ride

~2–4 hrs depending on route · guided hikes from around \$50 per person

The full summit push up Nevis' dormant volcanic cone is steep, muddy and guide-recommended; most visitors instead take a shorter foothills trail or a horseback ride through the rainforest for the views without the scramble.

Botanical Garden of Nevis

~1 hr · admission around \$12 per adult

A compact, well-tended garden with a rainforest conservatory, a lily pond and a small sculpture area — an easy, shaded stop between the morning’s activity and the afternoon ferry.

Port Zante & Basseterre

~1 hr · free to browse

The cruise-ship pier's shopping strip and the old colonial streets of Basseterre around Independence Square are an easy last stop for souvenirs before heading to the airport.

Transfer — Basseterre to the Airport

~15 min drive · arrive 2+ hrs before your flight

The island is small enough that the drive back to Robert L. Bradshaw International is quick from almost anywhere — the only real risk is lingering too long over one more rum punch.

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